



Smoke-free environments.

**It's not just about breathing clean air,
it's about breathing at all.**

We're all breathing in and out, sharing the air and everything in it—including secondhand smoke. It's a serious problem. Secondhand smoke is responsible for 3,000 lung cancer deaths in otherwise healthy nonsmokers, and causes as many as 40,000 deaths from heart disease—every year. Even relatively low exposure significantly increases the risk of heart disease. Support legislation for smoke-free environments. And breathe easy.



Cancer Action Network

S h a r e t h e a i r .

This isn't just cigarette smoke.

**It's Benzene
2-Naphthylamine
4-Aminobiphenyl
Nickel
Polonium 210 (radioactive)
Nitrogen oxides
N-Nitrosodimethylamine
N-Nitrosodiethylamine
N-Nitrosopyrrolidine
1,3-Butadiene
Aniline
Formaldehyde
Hydrazine
N-Nitrodiethanolamine
Cadmium
Benzo[a]pyrene
Benz[a]anthracene
γ-Butyrolactone
Particulate matter
N-Nitrosomonicotine
NNK
Carbon monoxide
Carbon dioxide
Carbonyl sulfide
Toluene
Acrolein
Acetone
Pyridine
3-Methylpyridine
3-Vinylpyridine
Hydrogen cyanide
Ammonia
Cholesterol**

Take a look at that list over there. It's just a few of the 4,000 chemicals including formaldehyde, arsenic, cyanide and carbon monoxide, and the more than 60 known or probable carcinogens found in secondhand smoke. Every year, it's responsible for 3,000 lung cancer deaths in otherwise healthy nonsmokers, and kills as many as 40,000 from heart disease. It also causes emphysema and lung disease. Support legislation for smoke-free environments. Because there are no safe levels of secondhand smoke.



Cancer Action Network

Share the air.



**You don't have to smoke
to be killed by smoking.**

The danger of secondhand smoke is very real. It's responsible for 3,000 lung cancer deaths annually in otherwise healthy nonsmokers. Secondhand smoke also causes as many as 40,000 deaths from heart disease every year. Plus, it causes emphysema and lung disease, and also increases the risk that babies will die of Sudden Infant Death Syndrome. How much more do you need to hear? Help us by supporting legislation for smoke-free environments. Because it's not just a matter of breathing smoke-free air, it's a matter of breathing at all.



Cancer Action Network

Share the air.



**There's no such thing
as a non-smoking
section for waiters.**

Secondhand smoke, an occupational hazard for many workers, causes as many as 3,000 lung cancer deaths in otherwise healthy nonsmokers, and as many as 40,000 deaths from heart disease—every year. Plus, studies show that across the country, there have been no significant change in receipts after smoke-free laws have been passed. You can protect the health—and lives—of workers without harming business. Support legislation for smoke-free environments. Because no one should have to choose between a job and good health.



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S h a r e t h e a i r .



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